

Feb 27, 2020

Memo Regarding Metformin recall

Attention Nibinamik Patients with Diabetes

You may have heard on the news a recall on Metformin. This is because some types of Metformin have been found to have high levels of N-nitrosodimethylamine which is safe in small doses but over a long time, taking high doses can cause cancer.

This compound is safely found in many things, including drinking water, and in a small amount it is safe.

High levels were found only in a certain brand of Metformin, "RAN-Metformin," which is not the brand that Remedy's stocks so the brands of Metformin that patients in Nibinamik have are so far thought to be quite safe.

We will continue to monitor the situation but for now **DO NOT STOP your prescribed metformin as the risks of high blood sugar are worse than the risks of the Metformin.**

Thank you and please let a health care provider know if you have questions.

Sincerely,

Dr Megan Bollinger, CCFP